

## Information and instructions for the Authors

The REVMEDUAS is an official publication of the Autonomous University of Sinaloa and publishes the following sections: Editorial, original and unpublished manuscripts, clinical cases and relevant review articles, previously approved by its Editorial Committee.

It is aimed at students and professionals in the Health area who are interested in updating their knowledge. The Journal is open to all members of the medical community in the country and abroad who are interested in publishing the results of their research work related to the health area, complying with the editorial policies established by its editorial committee. The journal has the purpose of contributing to the dissemination of relevant and up-to-date knowledge in the different areas of medicine work that contribute to the improvement of local, regional, national and global health.

The REVMEDUAS it is published quarterly and receives manuscripts to be reviewed by the editorial committee, which must be accompanied by a letter of assignment of copyright. The works sent to the REVMEDUAS will be subject to a peer review, which will be constituted by two external reviewers experts in the subject, who will issue an opinion that may be: Accepted for publication, Accepted with minor changes, Accepted with major changes or Rejected. Accepted manuscripts may not be published partially or totally in other journals without the written consent of the editors of the journal.

All the works sent to the REVMEDUAS will be adjusted to the editorial guidelines established by its committee and if not, the journal reserves the right to adjust the manuscript to its editorial style with correction of spelling and syntax errors.

### Preparation of manuscript

The manuscript should be written in Micro-soft Word program with Arial font No. 12 in double space, with left and right margins of 2.5 cm. The final length of the manuscript, in the case of the original articles, must not exceed 20 pages, plus tables and figures, including the references, which must be numbered in consecutive right order in the lower margin with each section starting on a separate sheet (Title, Summary in Spanish, Summary in English, Introduction, material and methods, Results, Discussion and references). The tables and figures should be on separate sheets (one per sheet). Clinical cases should not be longer than 10 pages and revision articles should not exceed 25 pages. The manuscript must be sent in a printed form with two copies and in electronic form (Cd or USB memory).

### I. Editorial

Editors of this journal are responsive for this section and may be written by them or by another doctor not related to the journal, upon invitation by the editorial committee, where they reflect on topics of interest related to medical education, health problems of the population and / or advances in the field of medical sciences.

## II. Original articles

For publication, the original works are selected based on their quality, relevance and scientific contribution as well as their presentation. The sections that a manuscript must include are:

### Front page

The original articles must contain on the first page:

1. The concise and informative work title that expresses the objectives of the research and, if possible, the methodological design (maximum two lines without abbreviations).  
The first letter must be written in uppercase and the rest in lowercase letters (Example: Pregnancy in adolescents and non-adolescents: obstetric and perinatal results.)
2. Name and surname (s) of each author.
3. Degrees and institutional departments in which the work was carried out.
4. Name and address of the author to whom the reprints will be requested and correspondence will be sent.
5. If it's necessary, mention sources of research funding.
6. A short title of no more than 45 characters (with spaces and letters).

### Summary in Spanish

It will be presented in a maximum of 250 words, and should be structured as follows: Objectives (indicate the purpose of the research); **Material and methods** (the methodological design and the basic procedures will be established as the sample size and selection, analytical and observational methods); **Results** (the main findings with concrete data and, where possible, their statistical significance);

**Conclusions** (the most relevant and original aspects of the research work).

**Keywords:** In the end, 3 to 5 keywords describing the research will be mentioned, to facilitate the inclusion in international indexes. It is recommended to use the terms of the Medical Subject Headings of the most recent Index Medicus.

### Summary in English.

It will be written in a maximum of 250 words with the same characteristics as the summary in Spanish. It will start with a version of the title of the manuscript in the English language. Also, 3 to 5 key words will be indicated. It is suggested that this paragraph be reviewed by an experienced translator, in order to guarantee the quality of it.

### Introduction.

It should include the background, the approach to the problem and the objective of the study in a free and continuous writing duly supported in the bibliography, which should be referred to with Arabic numbers progressively as they are quoted in the article. This section is what gives support to the research work that is presented.

### Material and methods

The characteristics of the study population, the variables analyzed and their operational definition, the methods used in the study with the pertinent references will be clearly indicated, in such a way that the reading of this chapter allows other researchers, conduct similar studies. The statistical methods used should be clearly indicated with the corresponding reference, as well as the calculation of the master size when necessary. If drugs or chemical substances are being used, they should be referred to

by their generic name, with the posology and route of administration. The name or initials of patients or hospital file numbers should not be recorded. Abbreviations are not allowed, only the allowed symbology for measurements of length, height, weight and volume that must be reported in metric units (meters, kilograms or liters) or in their decimal multiples; For example: mmHg, kg, µg, ng, pg, dL, ml, cm, mm, Na, K, HDL, LDL, VLDL, cm<sup>3</sup>, mm<sup>3</sup>, UI,: The temperature should be referenced in degrees centigrade.

### Results

It must include the important findings of the study, comparing them with the figures or graphs strictly necessary and that complement the information already included in the results section.

They must be written in a logical and coherent way from the general to the particular.

### Discussion.

The results should be contrasted with what is reported in the literature and with the objectives and hypotheses proposed in the research. You should always refer the bibliographic citation of the article against which the findings are contrasted with the corresponding number.

### References

It will be presented according to the indications of the last Vancouver Meeting (International Committee of Medical Journal Editors) Uniform requirements to prepare the manuscripts that are provided for publication in biomedical journals Updated in October 2008; .icmje.org). They will be indicated with Arabic numbers consecutively

and in the order in which they appear for the first time within the text. They will be referenced in the text. A maximum of 20 references will be cited in the case of original articles and those that are necessary in the review articles.

In the case of articles published in journals, they should be written as follows:

- a) First full surname and initials of the second surname in case of Latin authors and the author's names. If there are six authors or less, all must be mentioned.
- b) Title of work.
- c) Journal in which the research was published and the year of publication, followed by a semicolon;
- d) Volume of the journal followed by two points:
- e) And first and last page of the article.

For example:

1. Morgan OF, López ZMA, Elorriaga GE, Soto PM, Lelevier RH. Histerectomía total laparoscópica: complicaciones y evolución clínica en una serie de 82 casos. Ginecol Obstet Mex 2008;76(9):520-5.

If there are more than 6 authors, 6 will be added and then "et al".

1. Garry R, Fountain J, Mason S, Hawe J, Napp V, Abbot J et al. The evaluate study: two parallel randomized trials, one comparing laparoscopic with abdominal hysterectomy, the second comparing laparoscopic with vaginal hysterectomy. BMJ 2004;(7432):129.

The references to books will have the following form:

- a) Surname and initial of the name of the author (s) followed by a period.
- b) Title of the book using capital only for the first letter
- c) Number of the edition if it is not the first
- d) City in which the work was published, followed by two points (when more than two places of the publisher are cited, mention the first and if it is in English it can be translated into Spanish)
- e) Name of the publisher followed by a comma (;)
- f) Year of publication
- g) Year of publication (of the last edition cited) followed by two points (Copyright) (do not cite year of reprints)
- h) Volume number if there is more than one followed by two points (example Vol. 2)
- i) Number of the page quoted
  1. Ringsven IJ, Bond D. Gerontology and leadership skill for nurse 2nd. Ed. Albany (NY): Delmar Publishers; 1996:pp236.

References to chapters in books will appear like this:

1. Last name of the author or authors followed by initials and at the end of a period.
2. Title of the chapter using capital letters only for the first letter.
3. Indicate the word "In or In" followed by two points:
4. Surname and initial of the editors of the book followed by a comma.
5. Indicate the abbreviation "Ed or Eds" followed by a period.
6. Title of the book using capital letters only for the first letter of the initial word, followed by a period.

7. Number of the edition if it is not the first.
8. City in which the work was published, followed by two points.
9. Volume number if there is more than one, followed by two points.
10. Year of publication, followed by two points.
11. First and last page of the mentioned chapter stopped by a script.
  1. Pasternak RC, Braunwald E. Acute myocardial infarction en: Harrison's Principales of Internal Medicina. Isselbacher KJ, Braunwald E, Wilson JD, Martin JB, Fauci AS, Kasper DL (Eds.) McGraw-Hill Inc. 12a. Edición New York, 1994, pp 1066-1077.

#### Tables and Figures

Tables and figures should be cited with consecutive Arabic numerals as cited in the body of the text of the article (Table 1, Table 2, Table 1, Figure 1, Figure 2, ----- - Figure n.) Followed by the title that explains the information you want to know. The meaning of the abbreviations that have been used will be announced at the bottom of the table.

They should be presented in the manuscript after the bibliographical references, written in double space.

The tables must be self-explanatory and non-redundant (that is, they should not include information already commented on extensively within the text). A figure legend must be included.

The figures should be sent in a professional style with a size of the letters, numbers and symbols that allow reduction without loss of sharpness. They must be sent in JPEG format.

### **III. Clinical case**

They must consist of a summary in Spanish and English (maximum of 150 words) in free format (unstructured). The body of the clinical case should include introduction, case presentation, discussion, figures and references (no more than 20). The total length of the writing of a clinical case must not exceed 10 pages, including tables and figures.

### **IV. Review article.**

This should be about a relevant and current issue that contributes to the updating of the medical guild. The author must be someone with recognition in his field. The sections and subtitles will be defined by the author. At the beginning of the article a summary should be included in Spanish and English with an extension of no more than 150 words in an unstructured free format. The maximum extension of this section should not be greater than 25 pages.

The number of bibliographic citations must be extensive, in a number of no fewer than 40 bibliographical citations and written as previously mentioned. The tables and figures must not exceed the number of six (6). The manuscripts that do not meet the above requirements will not be considered editorial review.

### **V. Contact**

The manuscripts should be sent through the link of this journal submission system: <http://revistamedica.investigacionidocs.com/index.php/revista/about/submissions> or by email to Dr. Fred Morgan Ortiz (fmorganortiz@hotmail.com), y/o Dr. Felipe de Jesús Peraza Garay (fperaza@uas.edu.mx), y/o Dr. Guadalupe López Manjarrez (lopezcado@hotmail.com).

You must complete and send the letter of of transfer of rights signed and scanned in PDF format. Same as found on the journal web page.

### **Competing Interests**

All potential competing interests must be declared in full. If the submission is related to any patents, patent applications, or products in development or for market, these details, including patent numbers and titles, must be disclosed in full through a letter that can get in the previously mentioned page.

Acknowledgment of receipt of the manuscript will be extended in a timely manner and if accepted for publication, or to require modifications according to the observations of the reviewers, you will be notified in a timely manner.